

NORTH SHORE STROKE RECOVERY CENTRE

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PRESS RELEASE

For Immediate Release

Seniors Leading Peers in Creating Elder Community Expressions

Launched on the North Shore

June 22, 2010 – The North Shore Stroke Recovery Centre is pleased to be launching a new program to foster the ongoing involvement of seniors, both independent and those with disabilities, in creating opportunities for personal expression through visual art.

The **Seniors Leading Peers in Creating Elder Community Expressions** program invites seniors, who are visual artists, to participate in creating an on-going North Shore Program that focuses on trained and supported volunteer artists working within their home communities with seniors with disabilities. Training of volunteer artists will be provided, as well as on-going support during the delivery of the Art Education Groups in the community.

If you are over the age of 55 and engage in personal creative self-expression through visual arts, teach fine art or are a visual artist by profession, please come to the information session or contact us for more information. This is a unique opportunity that is made possible through a generous Federal grant.

The project promotes on-going involvement of seniors in their respective home communities to reduce the risk of social isolation by utilizing peer supported, created and led processes. It also involves creative and cultural activities, reducing barriers to inclusion and participation for individuals with disabilities, while fostering a sense of well-being and lifelong learning through the engagement of peer support and by focusing on familiar pathways of artistic expression in new ways in a safe and supportive environment.

Program Information Sessions:

SENIORS LEADING PEERS IN CREATING ELDER COMMUNITY EXPRESSION

Wednesday, June 30th 3:00pm-4:30pm

at Suite 104, 901 West 3rd Street, North Vancouver

Friday, July 2nd 11:00-12:30pm

Suite 104, 901 West 3rd Street, North Vancouver

Monday, July 5th 6:00 – 7:30pm

Suite 104, 901 West 3rd Street, North Vancouver

Contact: Liina MacPherson, Executive Director, NSSRC

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For more information, visit our website at www.nssrc.org/strategies_initiatives

Assist stroke survivors and their families whose lives have been altered by stroke,
to recover to the best of their abilities in all aspects of life.